



# Charter for Environmentally Sustainable Self-Care

**Our Commitment:** As a federation of national associations and consumer healthcare manufacturers, we commit to drive environmentally sustainable self-care. We care for the environment by:

- Developing guidance for our members on best practice, how to deliver on our ambitions, and navigating requirements and standards to help raise the bar on environmental sustainability;
- Providing a platform for exchange of information, ideas and innovation, finding and creating opportunities to collaborate within and beyond the self-care sector; and
- Enriching dialogue with our stakeholders, proactively informing them of our progress on environmental sustainability and seeking their feedback.

**Our Guiding Principles:** Individually and together we seek to:

- Maximise our positive environmental impacts and minimise our negative impacts while never compromising health outcomes for consumers;
- Promote circular economy principles throughout our value chains, managing the environmental impacts of our products from discovery and development all the way through to post-consumer use and end-of-life;
- Contribute to the development and acceleration of innovative technologies and other solutions to address environmental challenges.

**Our Priorities:** We will focus on the priority areas where we can have the most impact:

Plastics &  
Packaging

Pharmaceuticals in  
the Environment

CO<sub>2</sub> Footprint

**Our Contribution to the UN's Sustainable Development Global Goals:**

Our efforts to drive environmentally sustainable self-care support the UN's Sustainable Development Goals (SDGs).





### Plastics & Packaging

- Actively seek ways to reduce plastic packaging wherever feasible.
- Encourage the implementation of circular design principles.
- Explore partnerships across the value chain to innovate packaging solutions and improve recycling infrastructure.

### Pharmaceuticals in the Environment

- Actively manage and reduce effluent discharge from manufacturing plants.
- Encourage safe disposal of pharmaceuticals and promote the use of take-back schemes, where they exist
- Provide a platform for the industry to come together on issues related to PIE

### CO<sub>2</sub> Footprint

- Encourage members to reduce carbon emissions through Science-Based Targets (SBTs) to keep warming below 1.5°C degrees above pre-industrial levels, in line with the Paris Agreement.
- Provide a platform for the industry to better understand and reduce Scope 3 emissions

