

The Self-Care Association of South Africa represents and supports companies involved in the manufacture, sale, distribution, and consultation of healthcare products (including over-the-counter (OTC) medicines, complementary medicines, health supplements and self-care medical devices or IVDs), that enable the public to better manage their health and wellbeing. The association maintains close contact with the South African Health Products Regulatory Authority (SAHPRA) and advocates for a regulatory environment which provides for safe, efficacious, and quality self-medication products.

Additionally, the Self-Care Association of South Africa regularly meets with the National Department of Health to ensure we represent the best interests of our members, and in so doing the interests of the South African consumer when it comes to self-medication. The Self-Care Association of South Africa is a member of the **Global Self-Care Federation**, a non-government organisation in official relations with the WHO.



The Self-Care Association of South Africa
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recognises the requirement to **promote
environmental sustainability to foster
global health for the planet and more
specifically for the African continent.**

- We pledge to encourage our members to **minimize the impact of their manufacturing and other activities** on the environment as far as is possible.
- We pledge to encourage our members to **register with the South African Waste Information Centre (sawic.environment.gov.za)** which provides the public, business, industry, and government with access to information on the management of waste which term is all encompassing and includes plastics and packaging and other detrimental environmental impacts.
- We pledge to encourage our members to **adopt and adhere to the National Environmental Management; Waste Act, 2008** (Act No 59 of 2008) National Regulations Regarding Extended Producer Responsibility, and to provide our members with the necessary information in this regard.
- We note the South African Health Products Regulatory Authority's (SAHPRA) regulations in place to allow for an electronic professional information leaflet and highlight the Self-Care Association of South Africa role in the build of the soon to be launched SAHPRA Online Medicines Directory; and the continued efforts by the Self-Care Association of South Africa to motivate for the use of e-leaflets in terms of the patient information leaflets which are currently required in hard copy, via a quick response code on pack for health supplements as a pilot project with the view to extend beyond this category to eventually include all medicines.

